



Ballet
Conservatory

of ASHEVILLE

**Pre-Professional
Division
Handbook 2011-2012**



Welcome!	3
What's New	3
Absences	3
Ballet Outside of Class	3
Calendar 2011-2012	3
Classes & Rehearsals: School-Year 2011-2012	4
Classes & Rehearsals: Summer 2012	5
Class Behavior	5
Conferences	5
Contract	5
Curriculum, Program Levels, & Training	5
Dismissal & Resignation	6
Dress Code	6
Performances & Activities	6

Pre-Professional Division Handbook 2010-2011

Welcome!

Welcome to the Pre-Professional Division at the Ballet Conservatory of Asheville! Please make sure to read this handbook thoroughly. It's filled with lots of important information about the Pre-Pro program at BCA, including required classes, dress code, and much, much more. Make sure to visit the pre-professional site at BCA for more info: BalletConservatoryofAsheville.com/prepro.

What's New

- The calendar has changed.
- There are schedule changes for all programs.
- We've added a Beginner Pre-Professional program.
- The summer intensive requirement has been changed to a minimum of four weeks.
- Curriculum, program levels, & age requirements have been updated and expanded.
- The leotard colors and styles have changed.

Absences

Pre-Pro dancers are allowed one absence per month (nine per school year) from a BCA required class, performance, or activity during the school year. Absences due to illness do not count. Excessive absences are grounds for immediate dismissal. Dancers are required to notify BCA if they are going to miss a required class, performance, or activity. Email and phone calls are acceptable. Dancer agrees not to be absent one month prior to a BCA performance.

Ballet Outside of Class

- Go to ballet performances as much as possible.
- Participate in all BCA performance field trips.
- Get ballet books and DVDs from the library or the book store. Study them.
- Go online and check out the tons of information on ballet: Here's just a sample:
 - New York City Ballet: nycballet.com
 - American Ballet Theatre: abt.org
 - Ballet Online Dictionary: abt.org/education/dictionary/index.html
 - YouTube Anaheim Ballet: youtube.com/AnaheimBallet
 - Russian Pointes: russianpointe.com

Calendar 2011-2012

Below is BCA's major event calendar. For a more detailed calendar, visit BalletConservatoryofAsheville.com/calendar. All calendars are subject to change without notice.

Mon 6-6-11		Summer Classes Begin	
Mon 6-27-11	--	Sat 7-23-11	BCA Summer Intensive 2011
Sat 8-13-11		Auditions for BCA's 2011-2012 Pre-Pro Division & Nutcracker	
Sat 8-20-11		Summer Classes End	
Mon 8-22-11		Fall Classes Begin	
Wed 11-23-11	--	Sat 11-26-11	Thanksgiving Break
Sat 12-10-11		Fall Classes End	

Pre-Professional Division Handbook 2010-2011

Mon 12-12-11 -- Fri 12-16-11	Nutcracker Rehearsals at DWT
Thu 12-15-11	Nutcracker Performances at DWT
Fri 12-16-11	Nutcracker Performances at DWT
Mon 12-19-11 -- Sat 12-31-11	Christmas Break
Mon 1-2-12	Winter/Spring Classes Begin
Mon 4-2-12 -- Thu 4-7-11	Spring Break
Sun 5-20-12	Recital 2012 at DWT
Sat 5-26-12	Winter/Spring Classes End
Mon 5-28-12 -- Fri 6-1-12	Spring Ballet Rehearsals at DWT
Thu 5-31-12	Spring Ballet Performances at DWT
Fri 6-1-12	Spring Ballet Performances at DWT
Mon 6-4-12	Summer Classes Begin
Mon 6-25-12 -- Sat 7-21-12	BCA Summer Intensive 2012
Sat 8-18-12	Summer Classes End
Sat 8-18-12	Audition for BCA's 2012 Nutcracker & Pre-Pro Division
Mon 8-20-12	Fall Classes Begin

Classes & Rehearsals: School-Year 2011-2012

Beg. Program (5th & 6th Graders)

MON: 4:00-6:00 Ballet & Pointe
 MON: 6:00-7:00 Nutcracker Rehearsal
 WED: After Nutcracker 4:00-5:30 Ballet
 THU: 4:00-6:00 Ballet & Pointe
 THU: 6:00-7:00 Bdwy Jazz Optional
 SAT: 9:15-11:15 Ballet & Pointe
 SUN: Rehearsals to be determined.

Int. Program (7th-9th Graders)

TUE: 4:30-6:30 Ballet & Pointe
 WED: 5:45-8:15 Ballet & Variations
 THU: 4:30-6:30 Ballet & Pointe
 THU: 6:30-7:30 Jazz OR
 THU: 7:30-8:30 Modern
 FRI: 4:30-6:30 Ballet & Pointe
 SAT: 11:30-1:30 Ballet & Pointe
 SAT: 2:00-4:00 Rehearsal
 SUN: Rehearsals to be determined.

Adv. Program (10th-12th Graders)

MON: 6:30-8:30 Ballet & Pointe
 TUE: 6:30-8:30 Ballet & Pointe
 WED: 6:30-8:30 Neo-Classical Ballet/Pt
 FRI: 4:45-6:15 Jazz
 FRI: 6:30-9:00 Ballet & Variations
 SAT: 11:30-1:30 Ballet & Pointe
 SAT: 2:00-4:00 Rehearsal
 SUN: Rehearsals to be determined.

Pre-Professional Division Handbook 2010-2011

Classes & Rehearsals: Summer 2012

During the 2011 summer (June 4 to August 18, 2012) dancer agrees to attend a BCA approved summer intensive for a minimum of four weeks. In addition, dancer agrees to attend daily open summer classes at BCA when in town. By doing so, the dancer should gain excellent progress and continuity during the important summer training months.

Class Behavior

- Time permitting, arrive a minimum of 20 minutes early to warm up.
- When arriving for class, make sure your ballet attire and hair are properly done. Enter class quietly with a clear focus on ballet class.
- Don't talk in class. If you're waiting for your turn to dance, stand to the side of the room and study what your fellow students are doing. Don't lean on the barres or sit in class.
- Work hard in class. Don't allow yourself to get distracted. Focus on picking up the exercises quickly and don't allow mistakes to keep happening.
- We all have lots of questions. But most of the time if you're patient your question will be answered without having to ask it.

Conferences

Pre-Pro dancers and their parent/guardian must attend teacher conferences as required.

Contract

Pre-Pro dancers and their parent/guardian are bound by a Pre-Professional contract.

Curriculum, Program Levels, & Training

BCA's Pre-Professional division prepares dancers ages 10 (5th graders) and up for careers in the dance profession, post-secondary dance programs and universities, conservatories, and other top pre-professional programs. It is comprised of three programs: Beginner (5th & 6th graders), Intermediate (7th, 8th & 9th graders), and Advanced (10th, 11th, & 12th graders). Placement is based primarily on academic grade and age. However, experience, maturity, and BCA's program needs also play a role.

BCA Pre-Pro Program	Academic Grade	Ballet Curriculum
Beginner	5th Grade	1st Year
Beginner	6th Grade	2nd Year
Intermediate	7th Grade	3rd Year
Intermediate	8th Grade	4th Year
Intermediate	9th Grade	5th Year
Advanced	10th Grade	6th Year
Advanced	11th Grade	7th Year
Advanced	12th Grade	8th Year

It typically takes a dancer eight years to finish their fundamental schooling in ballet. As a result, a dancer who begins with BCA in the fifth grade can expect to accomplish all their lessons and achieve a professional skill-set by the twelfth grade of high school. Our classes are based on a unique and effective blend of the highest calibre ballet training programs including the Royal School, the American School, and the Vaganova (Russian) School. In fact, you will actively be exposed to the eight year training syllabi of the American School, as interpreted by Ruth Petrinovic and the Vaganova Method, as promulgated by Vera S. Kostrovitskaya.

We use the ballets from the unparalleled Russian tradition -- such as Giselle, Nutcracker, and Coppelia -- to provide crucial performing and training opportunities for our talented young dancers. By dancing in these ballets, students will

Pre-Professional Division Handbook 2010-2011

bring to life the ballet technique practiced each day in class. This classical connection between the classroom and the stage offers our dancers an unparalleled insight into why they are doing what they are doing. In addition, they experience some of the most beautiful and moving ballets ever produced for the stage. BCA pre-professionals are routinely cast in soloist and corps de ballet roles in our productions. We produce our ballets at Asheville's Diana Wortham Theatre, widely considered to be one of the finest dance venues in the U.S.

Dismissal & Resignation

BCA may dismiss the dancer at anytime, for any reason, without cause or notice. Dancer may resign from the BCA Pre-Pro program with 30 days written notice to BCA.

Dress Code

All Pre-Professionals are required to purchase the appropriate leotard, tights and shoes for their class. These items can be purchased at Sock Basket, 2433 Laurens Road, Greenville, SC, 29607. Call (864) 676-0635.

- All Pink Tights Capezio 1816 BPK
- Pre-Pro Trainees Capezio CC102 Navy Blue Leotard
- Pre-Pro Beginner Motionwear 2515 Royal Blue Cami Leotard
- Pre-Pro Intermediate Eurotard 44819 Purple Adult Cami Leotard w/ adj Strap or Eurotard 44819C Purple Child Cami Leotard w/adj Strap
- Pre-Pro Advanced Capezio CC102 Black Cami Leotard
- Boys Black tights, pants or shorts, white T-shirt and black ballet shoes
- Jazz Black tap or jazz shoes, a solid color leotard and black jazz pants
- Modern Black tights, level-specific leotard, and bare feet
- Ballet Shoes Capezio Canvas Split-Sole
- Pointe Shoes Russian Pointe
- BCA Warm-ups Available at the Front Desk

For ballet and pointe shoes, Pre-Pros may substitute a brand of their choosing if the BCA recommended brand doesn't work. No sports bras, regular bras, or panties. Dance bras with nude or clear straps are permissible. Only BCA approved warm-ups are allowed in class. Leg warmers, sweat pants, sweaters, skirts, and other extras are not permitted.

Performances & Activities

Pre-Pro dancers must participate in all performances, technical rehearsals, dress rehearsals, costume fittings and other related activities required by BCA, including The Nutcracker and Spring ballet productions. Some of these activities may occur on school days or nights. Classes and rehearsal are subject to change.